



TRANSFORMED

“Press On”

Philippians 3:7-18

Jon Grice

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“Derek Redmond”

3 REASONS WHY TO PRESS ON

Know Christ _____ v. 7-11

Admit _____ Honestly v. 12 & 13

Christ Holds _____ v. 12b

3 WAYS HOW TO PRESS ON

_____ THE PAST v. 13a

* The _____ done to you

* The _____ you’ve done

*The _____ you’ve done

_____ FOR THE GOAL v. 13b

*“Keystone habits”

_____ WITH TRAINING PARTNERS v. 17